

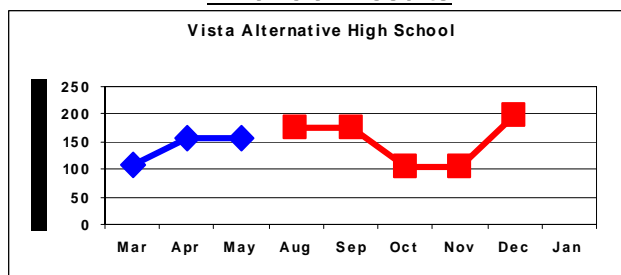
Vista Alternative High School

2003-2004 Team Nutrition Grant – Arizona Department of Education

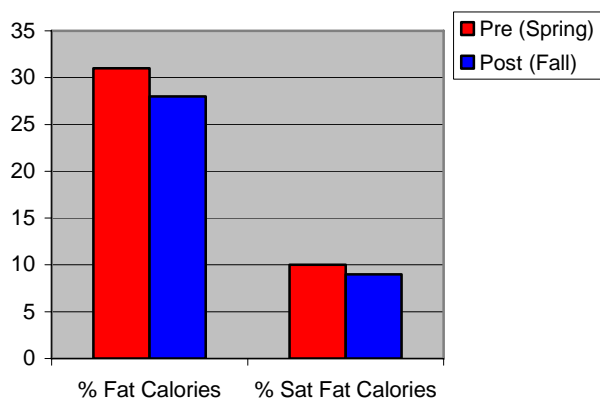


Financial Results

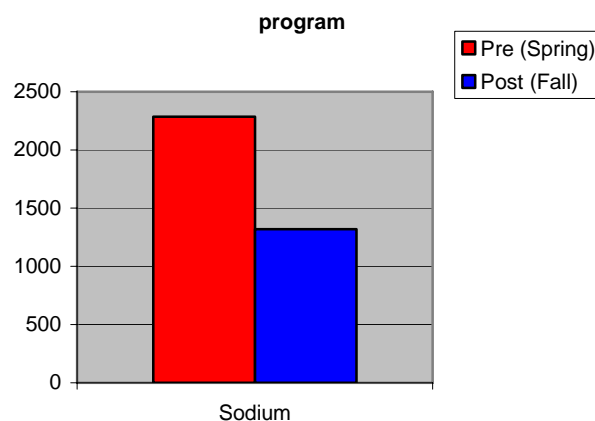
Plan: Developed new nutrition and PE class for students. Improved al a carte offerings, extended lunch serving period to increase student participation



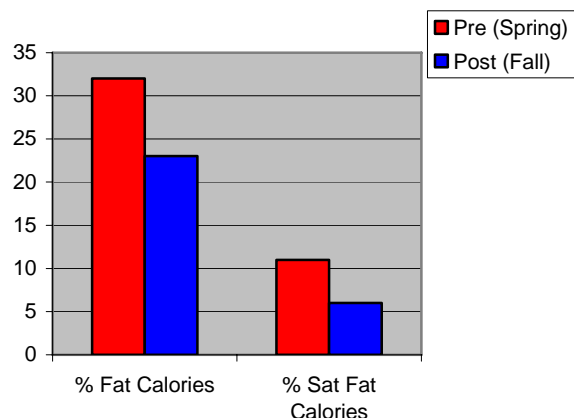
Nutrition Results: Program meals decreased in total fat, saturated fat calories, sodium and cholesterol. Vending and al a carte also decreased in total fat and saturated fat calories. Items in vending increased in Vitamin A and C content.



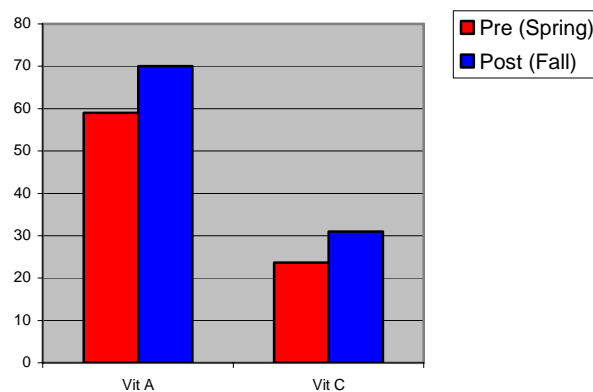
Program Meals
Total calories from fat goal- <30%
Total calories from sat fat goal- <10%



Program Meals
Sodium (mg)



Vending
Total calories from fat goal- <30%
Total calories from sat fat goal- <10%



Vending
Vitamin A (RE)
Vitamin C (mg)

